



# South Yorkshire Integrated Care System

## Children & Young People's Alliance

### **Early Intervention and Prevention Related to Weight Management A Whole Systems Approach to Wellbeing**

Tuesday 27 September 2022

10.45 – 12.30

An Online Event



**South Yorkshire Children & Young People's Alliance**

Healthier Together in South Yorkshire

**Barnsley | Doncaster | Rotherham | Sheffield**



#SYCYPAlliance

#HealthierTogether



## Overview:

The South Yorkshire Children and Young People's Alliance has a focus to **reduce health inequalities and improve outcomes for children and young people in South Yorkshire** with a key area of focus being early intervention and prevention related to weight management.

In September 2021 the **South Yorkshire Children and Young People's Alliance Team** **partnered with the SHINE Health Academy** who are working with schools across South Yorkshire to deliver a healthier lifestyle management programme.

At this event the lead for the SHINE healthy weight programme will **share their learning so far** and invite you as attendees to **contribute your thoughts and ideas as to how we could extend this project across more schools in South Yorkshire.**

## Content:

A facilitated event with keynote speaker Nicola Corrigan, HWB Programme Lead (**Healthy Places and Sustainable Communities**) outlining the strategic approach and providing an overview of all the work taking place to support children and young people and their families living with obesity.

**Experts by experience** Clair Norris from Eastenders who recently presented the BBC Panorama documentary featuring will share her personal experiences during her primary school years – see the link here:

<https://www.youtube.com/watch?v=bF6hJzyGgUA>

You will also hear from the children and their parents/carers who have been through the programme.

Four schools will **showcase examples** of the impact the programme is having, demonstrating the different approaches of delivery and highlighting changes made within the school environment.

**An opportunity to hear from** our colleagues in Public Health about approaches to weight management in each Place.

Sign up here: <https://www.eventbrite.co.uk/e/379579140427>



  


## Agenda:

Time	Session	Speaker
10.45	Setting the scene and background ICB priority/health inequalities	<b>Nicola Ennis</b> CYP Alliance Programme Lead
10.50	Overview of all the work taking place to support children and young people and their families living with obesity	<b>Nicola Corrigan</b> HWB Programme Lead
11.10	What's happening at Place	<b>Alex Hawley</b> Consultant in Public Health <b>Jessica Wilson</b> Health Improvement Principal <b>Carrie Wardle</b> Public Health Specialist
11.25	Weight Management: Early Intervention & Prevention in Schools	<b>Kath Sharman</b> Managing Director, SHINE Academy
	Experts By Experience	
11.35	Lived Experiences – Guest Speaker	<b>Clair Norris</b> From EastEnders
11.45	Children & Young People & their parents & Carers Voice	<b>Video Recording</b>



Time	Session	Speaker
	Schools Experience	
11.55	Working with Neurodiversity – Archdale SEN School	
12.00	Engaging Parents – Herringthorpe Infant School	<b>Nicki Kitchen</b> Acting Headteacher
12.05	Children as SHINE Ambassadors – Arbourthorne Community Primary School	<b>Mandy Fenech</b> Safeguarding Lead
12.10	Changing the School Environment – Wybourn Community Primary School	<b>Gill Booth</b> Assistant Headteacher
	Vision for the future	
12.15	Next Steps – Break out session	
12.30	Close & Evaluation	